



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: **Tuesday September 16, 2014 3:30 – 5:30 PM**
451 Junction Road
UW West Clinic Room 1287
Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.

Information: Jayne Schwartz 608- 244-2120
schwartzdon@sbcglobal.net

Mailing Address: Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue
Madison, WI 53714-1815

More Information:

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: TheIMF@myeloma.org	info@themmrf.org
Website: www.myeloma.org	www.multiplemyeloma.org

Upcoming event!

We have a date for the Trillium presentation! Thursday November 20th from noon to 2:00pm with a tour of the labs at the Wisconsin Institutes for Medical Research (WIMR) after the presentation. Maureen Dembski, our coordinator is working with Dr Natalie Callander and her researchers on the agenda and room reservations. Lunch will be provided and the presentation is free. More information to follow about how to RSVP and driving directions. Mark your calendars now. This event will take the place of our normally scheduled meeting Tuesday November 18th. There will be no regular meeting November 18th.

Upcoming meeting speakers

Dr Natalie Callander will be speaking at our October meeting. She will be joining us at 4:30.

As a side note... Cellerar Biosciences, Inc., a Madison Biopharmaceutical company has gotten the OK from the FDA to begin a clinical study of I-131-CLR1404. This is a highly selective, cancer targeting radiopharmaceutical drug for patients with relapsed or refractory multiple myeloma. It will be interesting to hear what the Trillium researchers know about this new company and drug.

Carrie Bilicki, Oncology nurse from Froedtert Hospital Milwaukee spoke at our August meeting. Her Topic- Caring for the Caregiver. Carrie shared information about three important subjects- Awareness, Balance and Connections. Having an awareness of your “new normal”. You will definitely describe your life as before diagnosis and after diagnosis. There is more of “What is... than “What ifs”” now.

For balance, it is important to return to the things that you enjoyed. Find ways that others can help. If you tell them, “Everything is OK. We don’t need any help.” That is exactly what you will get! Not that people don’t want to help you, but you told them no. You may not have wanted to burden them but instead they will get the message ... no help needed. And they will quit asking.

For Connection- find new ways to connect with friends. It will be different but it can be rewarding.

- Overcome “overprotective” behaviors
- Don’t hide concerns
- Don’t deny worries
- Don’t conceal or downplay discouraging information
- Don’t let thoughts of the disease overcome you

All of the above hinder valuable communication with your loved ones.

Save the dates...

Upcoming IMF Patient and Family Seminars-

October 10-11 Short Hills, NJ

The website to access information for this 2014 Seminar is:

<http://myeloma.org/EventIndexPage.action?tabId=7&menuId=111&queryPageId=4&parentTabId=7&parentMenuItemId=111&parentLinkId=0&parentNuggetId=0>

LLS 12th Annual Multiple Myeloma Survivorship Conference - There is still time to go!

Don't forget that this Saturday, Sept. 13 is the annual Myeloma Conference in Pewaukee at Country Springs Hotel. If you have not pre-registered, you can still do so by contacting Allison Spitzer at Allison.Spitzer@lls.org or calling 262-785-4220, or visit www.myelomaconference.com. MMRF Educational Event

Myeloma 101: Prognosis and Risk

Treatment Options for Newly Diagnosed Patients

Stem Cell Transplant

Treating Relapsed/Refractory Disease

Supportive Care Options

Promising Clinical Trials

Faculty Q & A

Twin Cities, MN September 27th Register today at www.themmrf.org/clinicalinsights

IMF Info Line – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Debbie, Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or info@myeloma.org.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

Send to: Maureen Dembski, Director of Development

UW Carbone Cancer Center

University of Wisconsin Foundation

1848 University Avenue

Madison, WI 53726

maureen.dembski@supportuw.org