



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: **Tuesday September 20, 2016 3:30pm – 5:30pm**
451 Junction Road
UW West Clinic Room 1287
Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.

Information: Jayne Schwartz 608- 244-2120
schwartzdon@sbcglobal.net

Madison Multiple Myeloma Support Group website
madisonmultiplemyeloma.org

Mailing Address: Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue
Madison, WI 53714-1815

More Information:

International Myeloma Foundation (IMF)
Phone: 800 - 452 - 2873
Email: TheIMF@myeloma.org
Website: www.myeloma.org

Multiple Myeloma Research Foundation (MMRF)
203 - 972 - 1250
info@themmrf.org
www.multiplemyeloma.org

Upcoming speakers

- **October meeting- Dr Natalie Callander** will be speaking from 4:30pm-5:30pm
- **Dr Kevin Kozak, Chief Medical Officer, Cellectar Biosciences** will be speaking to our group about the historical evolution of the role of radiation therapy in the management of myeloma. That meeting date is to be determined yet. Possible dates would be November 2016 or January 2017. More info to follow.

September's meeting will be a group share session. Last month was a great time to check in with everyone. Join us again to share with others.

Sending you some information about the Ebling Library. If you are ever in the Madison area or are waiting for an appointment, you are welcome to stop by and check out all the resources. The library is open to the public. PubMed, Medline Plus, Badger Link and Pub Med Health information sources are all available to you.

An important message from our group member, Matt Howard. Personally, I think Matt is just an amazing young man/father/husband who has overcome much adversity in just one year. He went from laying on our meeting floor with a full neck brace to training for this Madison Marathon! He had to lie on the floor to be comfortable enough to attend our group meeting to learn as much as he could from the folks there. He is indeed remarkable!

I'm excited to be running the Madison Marathon on November 13th, 2016 as part of the Multiple Myeloma Research Foundation (MMRF) Team For Cures! My goal is to raise at least \$1,000 for the MMRF.

I was diagnosed with multiple myeloma in July 2015 and have received several treatments including chemotherapy, radiation, and a stem cell transplant. I am extremely thankful to be recovering well from the treatment and have returned to a regular running schedule. I will need to be treated again sometime in the future, but hopefully I will get a break for several months or years.

Please consider making a donation by going to

http://support.themmr.org/site/TR/EnduranceEvents/EnduranceEvents?px=1999882&pg=personal&fr_id=2290

and clicking on **Support Matt!**

You can follow my training on Strava or on my blog at FollowMattsRunning.blogspot.com.

More on Multiple Myeloma

Multiple myeloma is the second most common form of blood cancer. Currently there is no cure, but great progress is being made. Twenty years ago very little in the way of treatment was available, but now there are several drugs approved with more in the pipeline. Thanks to the work of the MMRF the FDA has approved six new treatments, a track record unparalleled in oncology. These drugs have doubled the lifespan of myeloma patients. Now the MMRF is funding 20+ additional treatments in various stages of development, giving hope to tens of thousands of patients like me and their families.

More on the Multiple Myeloma Research Foundation

The world's leading private funder of myeloma research and one of the world's most highly regarded cancer foundations. Nearly 90% of the total MMRF budget goes directly to research and related programming. MMRF is in the top 1% of all charities, earning Charity Navigator 4-star rating for the past 11 years in a row. Please support my participation in the Madison Marathon benefiting the MMRF. I have made a commitment to raise at least \$1,000, and I need your help to get there. Please contribute whatever you can. It all adds up!

Thanks!

Matt

[Click here to visit my personal page.](http://support.themmr.org/site/TR?px=1999882&pg=personal&fr_id=2290&et=HFJsH1zdUO9n0p55L2qvaw)

If the text above does not appear as a clickable link, you can visit the web address:

http://support.themmr.org/site/TR?px=1999882&pg=personal&fr_id=2290&et=HFJsH1zdUO9n0p55L2qvaw

The important instruction is to click on “Support Matt”. I missed it the first time.

Don't forget the LLS Blood Cancer Conference in Milwaukee. Saturday, Sept 24, 2016 from 8:00am til 3:00pm at the Wisconsin Center. 400 W Wisconsin Ave Milwaukee, WI 53203. Call the LLS directly or register via their website. Check for “Blood Cancer Conferences”.

Don't forget, coming up on Sept. 22 is an IMF “Living Well” teleconference on Car-T Cell Therapy. You can go to www.myeloma.org and click the banner “IMF TV” and scroll to “Living Well with Multiple Myeloma 2016”. You will find it there.

IMF Info Line – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or info@myeloma.org.

The **Trillium Fund** was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

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