



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Group Information:

Jayne Schwartz 608- 244-2120

Madison Multiple Myeloma Support Group website

schwartzdon@sbcglobal.net

madisonmultiplemyeloma.org

Mailing Address:

Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue Madison, WI 53714-1815

Information Sources :

International Myeloma Foundation (IMF)

Phone: 800 - 452 - 2873

Email: TheIMF@myeloma.org

Website: www.myeloma.org

Multiple Myeloma Research Foundation(MMRF)

Phone: 203 - 972 - 1250

Email: info@themmrf.org

Website: www.multiplemyeloma.org

Myeloma Crowd /Health Tree Foundation

P.O. Box 1286

Draper, UT 84020

www.myelomacrowd.org

October 2023 Myeloma Newsletter

Upcoming Meeting Speakers

One of the MMRF nurse navigators will present at the March 2024 meeting. More info to follow.

IMF Regional Director of Support Groups, Nancy Bruno will be our featured speaker at the October 17th meeting. She will be talking about the latest research, new treatments and resources available. She is an excellent presenter so mark your calendar now not to miss this meeting. Nancy will begin at 3:40pm CST.

It is not too late to register!

“Light the Night!”

Our “Thanks” to group member Katie for putting this together for us to gather in person. Mark your calendars now not to miss this event. There will be more information coming about where to meet.

Let's gather at **Light the Night**, an event hosted by the Leukemia & Lymphoma Society! It will be held at the **Henry Vilas Zoo in Madison on Thursday, October 12, 5pm**. The Myeloma Support Group is

registered as a non-fundraising team so all you have to do is sign up using the link below. No need to donate or ask for donations. It will be wonderful to see everyone in person for this inspiring event!
<https://pages.lls.org/ltn/wi/Capital23/multiplemyelomasupportgroupmadison>

Information from our LLS contact

- **Where in the zoo should the Support Group Team meet?**

We will be meeting at the “Survivor Tent”. There will be a site map coming pre-event direct to all registered participants. Areas will be highlighted and easy for you to send the team to the meeting place.

- **How long is the walk?** The walk is shy of a mile and starts at the south gate of the zoo, travels the short path through Vilas Park, and swings back in through the north gate to finish. There is a pavilion at the halfway mark to rest or take a break.

- **What will parking be like?** Primary parking will be street parking. The front lot at the north gate will have ADA parking and reserved spaces for VIP earners (folks who raise \$5k+ as individuals). We are currently working with the city to see about passenger cart shuttles we can use – stay tuned if they approve this.

- **How long is the event?** Grounds open at 5:00pm, 2023. Survivor Photo at the stage at 6:30pm, Opening Ceremony begins at 7pm. Walk begins immediately following the opening ceremony around 7:15pm.

- **Are there opportunities to sit down?** YES! We will have all of the organic seating in the zoo available including additional tables, chairs, and benches.

- **Is there food at the event?** YES! The Glacier Grill will be open with a reduced for purchase price. There will also be the Cup and Cone shop open. We are currently working with the Zoo’s food vendor to supply refreshments for free, stay tuned. The VIP lounge will also have a free gourmet popcorn bar (gain access to the VIP lounge by raising \$1,000 or more).

Folks can join the MMSupport Group Team

Here: <https://pages.lls.org/ltn/wi/Capital23/multiplemyelomasupportgroupmadison>

Family and friends are encouraged to attend as well! Participants must be registered to receive a lantern. All survivors receive a 2023 Survivor t-shirt and white lantern.

Multiple Myeloma Research and Patient Care presentation

October 30, 2023 at the Health Science Learning Center from 9:00am -11:00am.

750 Highland Ave, Room 1306 Madison, WI. Hear from UW Health and Carbone Cancer Center physicians and scientists who are advancing multiple myeloma research and patient care. Register below and mark your calendars now not to miss this event.

Trillium registration

<https://www.uwhealth.org/events/multiple-myeloma-patient-and-caregiver-conference>

Our virtual meetings are on the Zoom platform.

Our meeting for October 17, 2023 will be from 3:30pm to 5:30pm.

Join Zoom Meeting

<https://myeloma-org.zoom.us/j/84457667535?pwd=V0lJTdNQQU2FOZ1hMUkFaRmJBc0Qzdz09>

Meeting ID: 844 5766 7535

Passcode: 678275

One tap mobile

+13017158592,,84457667535#,,, *678275# US (Washington DC)

+13126266799,,84457667535#,,, *678275# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 844 5766 7535

Passcode: 678275

Find your local number: <https://myeloma-org.zoom.us/u/kyMbCRs05>

IMF Info Line – If you or someone you care for has Myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialist at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or infoline@myeloma.org.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund” and sent to UW Carbone Cancer Center, University of Wisconsin Foundation, 1848 University Ave, Madison, WI 53726. Donations may also be made online at www.supportuw.org/give (Trillium Fund in Multiple

Myeloma Research – 112903576). For any questions, please call Janie Winston 608-512-6068 or email at Janie.Winston@supportuw.org.