



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: **In person meetings will resume when we are allowed to gather at the address below.**

451 Junction Road
Madison, WI
UW West Clinic Room 1287

Enter the clinic... turn left and walk down a short hall...turn left again and conference room 1287 is the last one on the left.

Group Information:

Jayne Schwartz 608- 244-2120
schwartzdon@sbcglobal.net

Madison Multiple Myeloma Support Group website
madisonmultiplemyeloma.org

Mailing Address: Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue Madison, WI 53714-1815

Information Sources :

International Myeloma Foundation (IMF)
Phone: 800 - 452 - 2873
Email: TheIMF@myeloma.org
Website: www.myeloma.org

Multiple Myeloma Research Foundation(MMRF)
Phone: 203 - 972 - 1250
Email: info@themmrf.org
Website: www.multiplemyeloma.org

Myeloma Crowd /Health Tree Foundation
P.O. Box 1286
Draper, UT 84020
www.myelomacrowd.org

October 2022 Myeloma Newsletter

Upcoming Meeting Speakers

Rozalynn Hite from HealthTree Myeloma Crowd will be our featured speaker November 15, 2022. She will be presenting information about Healthtree and the Chapters. She will join us at 4:30pm CST. She is Director of Coaching but she does a little bit of everything there.

Dr Natalie Callander from the UW Carbone Cancer Center will be our featured speaker for the October 18, 2022 meeting. She will be presenting at 4:30pm.

Our “Thanks!” to the family of Nancy Marks for their generous contribution to the group. I appreciate the gift to help with mailing, printing and postage for the group newsletters.

Posted by the HealthTree Foundation September 27, 2022 by Jennifer Ahlstrom
What is Anemia in Multiple Myeloma?

Multiple myeloma is a blood cancer of the plasma cells. About 65% of myeloma patients have anemia at diagnosis. In anemia caused by multiple myeloma, an overgrowth of the myeloma plasma cells can crowd out normal red blood cells. When the body is not receiving enough oxygen, it can cause fatigue, weakness, dizziness, rapid heartbeat, leg swelling, headache and shortness of breath. Anemia may be the first sign of multiple myeloma.

Anemia can also be caused by multiple myeloma therapy including immunomodulators such as Revlimid and Pomalyst, the proteasome inhibitor Kyprolis and anti-CD38 monoclonal antibodies.

Treating the multiple myeloma will typically reduce or eliminate the anemia because it clears out the excess myeloma plasma cells to return the bone marrow and blood to normal ratios of red vs. white blood cells.

If you have frequent fatigue or weakness, talk to your doctor who can run blood tests to determine the underlying cause of the anemia.

This clinical trial is extremely interesting! Click and read below.

Clinical Trial: Testing a New On-Body Delivery System for Isatuximab in Multiple Myeloma

Our virtual meetings are on the Zoom platform.

Our meeting for October 18, 2022 will be from 3:30pm to 5:30pm featuring Dr Natalie Callander presenting from 4:30pm-5:30pm.

Join Zoom Meeting

<https://myeloma-org.zoom.us/j/84457667535?pwd=V0lJTdNQU2FOZ1hMUkFaRmJBc0Qzd09>

Meeting ID: 844 5766 7535

Passcode: 678275

One tap mobile

+13017158592,,84457667535#,,,*678275# US (Washington DC)

+13126266799,,84457667535#,,,*678275# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 844 5766 7535

Passcode: 678275

Find your local number: <https://myeloma-org.zoom.us/j/9128900669>

IMF Info Line – If you or someone you care for has Myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialist at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or infoline@myeloma.org.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund” and sent to UW Carbone Cancer Center, University of Wisconsin Foundation, 1848 University Ave, Madison, WI 53726. Donations may also be made online at www.supportuw.org/give (Trillium Fund in Multiple Myeloma Research – 112903576). For any questions, please call Janie Winston 608-512-6068 or email at Janie.Winston@supportuw.org.