



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: Tuesday October 18, 2016 3:30pm – 5:30pm
451 Junction Road
UW West Clinic Room 1287
Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.

Information: Jayne Schwartz 608- 244-2120 schwartzdon@sbcglobal.net Madison Multiple Myeloma Support Group website madisonmultiplemyeloma.org

Mailing Address: Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue
Madison, WI 53714-1815

More Information:
International Myeloma Foundation (IMF) Phone: 800 - 452 - 2873 Email: TheIMF@myeloma.org Website: www.myeloma.org
Multiple Myeloma Research Foundation (MMRF) 203 - 972 - 1250 info@themmrf.org www.multiplemyeloma.org

Upcoming speakers

November meeting- Dr Kevin Kozak, Chief Medical Officer, Cellectar Biosciences will be speaking to our group about the historical evolution of the role of radiation therapy in the management of myeloma.

October speaker meeting- Dr Natalie Callander will be presenting from 4:30pm-5:30pm

Our condolences to the family of Orié Loucks

Orié and his family joined our group May 2015. He passed September 10, 2016. It was a great privilege to have met such an accomplished man. Descriptions of him are many: scholar, researcher, ecologist, environmentalist, teacher, citizen activist, writer and the list goes on. He worked to make this earth healthier and a better place to live. He honestly shared his struggles with Myeloma and Parkinson. Being able to communicate was his greatest joy and we are honored to have known him for this short time. Our sympathies to his family.

Take a look at today's NY Times article that Tom Brokaw has written about living with Myeloma. <http://nyti.ms/2d4s68t>

The IMF's Dr. Brian Durie will be presenting the first ever PRE-ASH teleconference on Thursday, November 17 at 6pm Central time. **Living Well with Myeloma: Pre-ASH What Patients & Caregivers Can Look Forward To**

Join **Dr. Brian G.M. Durie** as he discusses what patients & caregivers may wish to focus on at the American Society of Hematology (ASH) Conference which will convene in San Diego December 2–5, 2016. You won't want to miss this free 45-minute IMF teleconference followed by a 15-minute Q&A session! Register on the IMF site.

Upcoming Takeda Conference here in Madison, WI! You can still sign up. Peggy Wellman, Takeda Clinical Nurse Educator will be presenting information about one of the newest drugs- **Ninlaro** at the Madison Marriott West hotel on **October 27, 2016**. Registration is at 5:30pm with presentation at 6:00pm. It is free and refreshments will be served. Peggy

Wellman has spoken to our group on two other occasions and shares information in very understandable terms. Don't miss this one!

Returning to work after transplant?

Do you need accommodations in order to work? Do you need to share your medical history with new employers?

In this video, [Understanding Your Employment Rights and Disability Insurance](#), Ms. Monica Fawzy Bryant, a cancer rights attorney, will address:

- legal protections for job seekers who have gone through transplant
- what you need to disclose to employers
- understanding company benefits
- your entitlement to workplace accommodations
- medical leave laws
- disability insurance
- Americans with Disabilities Act; definition, ways you can use it, and how it applies when you are looking to obtain a job or once you are working

[CLICK HERE](#) to view this video. Monica Fawzy Bryant is the Chief Operating Officer for Triage Cancer, a national non-profit organization connecting people to cancer survivorship information. Video run time: 30 minute presentation followed by a 30 minute Q & A session

This video, [Understanding Your Employment Rights and Disability Insurance](#), i was presented at the 2016 Celebrating a Second Chance at Life Survivorship Symposium.

An important message from our group member, Matt Howard.

I'm excited to be running the Madison Marathon on November 13th, 2016 as part of the Multiple Myeloma Research Foundation (MMRF) Team For Cures! My goal is to raise at least \$1,000 for the MMRF.

I was diagnosed with multiple myeloma in July 2015 and have received several treatments including chemotherapy, radiation, and a stem cell transplant. I am extremely thankful to be recovering well from the treatment and have returned to a regular running schedule. I will need to be treated again sometime in the future, but hopefully I will get a break for several months or years.

Please consider making a donation by going to

http://support.themmr.org/site/TR/EnduranceEvents/EnduranceEvents?px=1999882&pg=personal&fr_id=2290

and clicking on Support Matt!

You can follow my training on Strava or on my blog at FollowMattsRunning.blogspot.com.

Multiple myeloma is the second most common form of blood cancer. Currently there is no cure, but great progress is being made. Twenty years ago very little in the way of treatment was available, but now there are several drugs approved with more in the pipeline. Thanks to the work of the MMRF the FDA has approved six new treatments, a track record unparalleled in oncology. These drugs have doubled the lifespan of myeloma patients. Now the MMRF is funding 20+ additional treatments in various stages of development, giving hope to tens of thousands of patients like me and their families.

Thanks!

Matt

[Click here to visit my personal page.](#)

If the text above does not appear as a clickable link, you can visit the web address:

http://support.themmr.org/site/TR?px=1999882&pg=personal&fr_id=2290&et=HFJsH1zdUO9n0p55L2qvaw

The important instruction is to click on "[Support Matt](#)". I missed it the first time.

IMF Info Line – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or infoline@myeloma.org.

The **Trillium Fund** was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

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