

"Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship"

Group Information:

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<u>Madison Multiple Myeloma Support Group website</u>

madisonmultiplemyeloma.org

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3309 Chicago Avenue Madison, WI 53714-1815

Information Sources:

International Myeloma Foundation (IMF)

Phone: 800 - 452 - 2873 Email: TheIMF@myeloma.org Website: www.myeloma.org

HealthTree Foundation P.O. Box 1286 Draper, UT 84020 www.healthtree.org. Multiple Myeloma Research Foundation(MMRF)

Phone: 203 - 972 - 1250 Email: info@themmrf.org

Website: www.multiplemyeloma.org

Blood Cancer United (formerly LLS)
https://bloodcancerunited.org/form/contact-us
Live chat: https://bloodcancerunited.org/
resources/patients/information-specialists

Contact phone number 1-800-955-4572

November 2025 Myeloma Newsletter

Upcoming Meeting Speakers

Dr Zhubin Gahvari, Hematology/Medical Oncology from the UW Carbone Cancer Center will be our featured speaker for the December 17, 2025 meeting. This meeting is on a Wednesday to accommodate Dr Zhubin's schedule. Mark your calendars for Wednesday and not Tuesday. He will be sharing some results of the ASH conference as well as a Q &A session for us.

<u>Shannon Ramirez, BSN, RN, OCN Oncology Clinical Educator J & J Innovative Medicine</u> will be our featured speaker for the January 20, 2026 meeting. Topic to be determined later.

<u>Riley Menagh from Blood Cancer United</u> will be our featured speaker for the February 17, 2026 meeting. Topic to be determined later.

<u>Shawna Kuhler, Parm D, DCOP Hematology Clinic Parmacist-Myeloma</u> will be our featured speaker for the March 17, 2026 meeting. She will present at 3:30pm and topic to be determined. Time will be available for a Q&A session also.

November's support group meeting will be a group share meeting. No speaker is scheduled. A great time to catch up with everyone and to get those questions/concerns addressed.

Co-Pay relief needed? Check out www.patientadvocate.org 1-866-512-3861

This session was a good one. Worth your time to scroll through the slides and information.

From the HealthTree session on November 4, 2025. "Overcoming Insurance Preauthorization Delays and Denials: A Faster Blood Cancer Care".

ABC Financial_Overcoming Insurance Preauthorization Delays and Denials_A Patient Guide to Faster Blood Cancer Care.pdf

<u>Do mRNA vaccines hold the key to stopping cancer in its tracks?</u> Northeastern University vaccine experts talk recent developments.

There's a budding scientific literature supporting the idea that so-called messenger RNA vaccines, in prompting a robust immune response inside the body, can help cancer patients.

by <u>Tanner Stening</u> Northeastern Global News November 4, 2025

The COVID-19 vaccines could be doing a lot more than just warding off viral infection: they may be teaching our immune systems how to fight cancer more effectively.

There's a growing body of scientific literature supporting the idea that so-called messenger RNA (mRNA) vaccines, by prompting a robust immune response within the body, can help cancer patients. Northeastern University vaccine experts say the pandemic-era tech holds real promise as a tool to combat one of the world's deadliest diseases.

"There is ample evidence showing how mRNA technology can transform how we prevent and treat diseases, including these cross benefits that we're starting to see in cancer patients," says <u>Mansoor Amiji</u>, university distinguished professor of pharmaceutical sciences and chemical engineering.

Researchers analyzed data from more than 1,000 patients with advanced non-small cell lung cancer and melanoma. Researchers divided them into two groups: those who received an mRNA COVID-19 vaccine and those who did not. What they found was that patients who received the shot within 100 days of starting immunotherapy had a median survival of 37.3 months, nearly double the 20.6 months seen in patients who were not vaccinated.

There are more articles on this subject to be found. Wisconsin State Journal on October 24, 2025 and again on November 7, 2025.

IMF Info Line – If you or someone you care for has Myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialist at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or infoline@myeloma.org.

New address information.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the "UW Foundation – Trillium Fund" and sent to UW Carbone Cancer Center, University of Wisconsin Foundation, US Bank Lockbox Box78807 Milwaukee, WI 53278-8807. Donations may also be made online at www.supportuw.org/give (Trillium Fund in Multiple Myeloma Research – 112903576). For any questions, please call Janie Winston 608-512-6068 or email at Janie.Winston@supportuw.org

Madison MM Support Group is inviting you to a scheduled Zoom meeting November 18, 2025 starting at 3:30pmCST

https://myeloma-org.zoom.us/j/81745782301?pwd=L2u5V0zAxLtuhQtKh2WZZaO3lsvs8N.1

Meeting ID: 817 4578 2301

Passcode: 636273 One tap mobile

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Find your local number: https://myeloma-org.zoom.us/u/kfhNZQhlT