



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

**Meeting: Tuesday November 17, 2015 3:30pm – 5:30pm**  
**451 Junction Road**  
**UW West Clinic Room 1287**  
**Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.**

**Information:** Jayne Schwartz 608- 244-2120  
[schwartzdon@sbcglobal.net](mailto:schwartzdon@sbcglobal.net)

**Mailing Address:** Wisconsin Multiple Myeloma Support Group  
3309 Chicago Avenue  
Madison, WI 53714-1815

**More Information:**

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: <a href="mailto:TheIMF@myeloma.org">TheIMF@myeloma.org</a>	<a href="mailto:info@themmrf.org">info@themmrf.org</a>
Website: <a href="http://www.myeloma.org">www.myeloma.org</a>	<a href="http://www.multiplemyeloma.org">www.multiplemyeloma.org</a>

**Upcoming speakers**

- December meeting speaker will be Peggy Wellmann, Clinical Nurse Educator Takeda Oncology. Peggy will present “Understanding Lab Values”.
- January or February meeting speaker- Tim McNeill, author of *The Ultimate Marathon: My Journey With Multiple Myeloma Cancer*. Diagnosed in June 2002, Tim has an amazing story to tell.
- March 2016 meeting- Sue Enright from the IMF will speak to the group. Weather permitting.
- Tentative April meeting speaker- Jill Helgeson from SHIP-(State Health Insurance Program).



**Prepare to be amazed and awestruck!** Allen has completed our group’s website. It is a masterpiece of easy, quick and readable information. The thing I like best about the design and construction is that he has pulled in many links that have so much to learn within their domains. Many of them I was not aware existed. You will be able to find copies of the newsletters, information on many subjects and announcements that you will be interested in. It will be up and running soon but here is the address. [madisonmultiplemyeloma.org](http://madisonmultiplemyeloma.org)  
Allen has agreed to give us a presentation at an upcoming meeting. That date has not yet been determined.

**Our thanks to Joanie and Karen** for their generous contribution to the support group. As always, it will be allocated towards the cost of printing and mail newsletters. It is appreciated.

On that note... If you are considering making a year-end donation for tax year 2015, consider the Trillium Fund here at the UW Carbone Cancer center.

The Trillium Fund was established in 1982 by an anonymous donor to support multiple myeloma research at the UW Carbone Cancer Center. 100% of your gift to this fund will be used for multiple myeloma research. To date almost \$1.5 million has been raised. Your gift is used to collect the necessary data to apply for large federal, other public and private grants that support MM research. It is estimated that for every \$1 invested in the Trillium Fund \$12 more dollars are generated. The Trillium Fund has had a profound impact on multiple myeloma research at the UW Carbone Cancer

Center. It currently supports the work of several scientists, physicians, graduate and undergraduate students connected through the UW Carbone Cancer Center to focus on finding better treatments and ultimately a cure for multiple myeloma. The program has grown from a small research study and patient base to a program helping over 200 patients across Wisconsin and Illinois receive world class care. Donors to the Trillium Fund are invited to an update every couple of years. At the last update in 2014 we had over 70 guests. Dr. Natalie Callander leads the update and her team leaders present their studies. It is an amazing presentation. They share what they are learning in the labs and how it is translating their research into better treatments.

### **LLS Myeloma Conference from September 12, 2015**

Karen Ropel is gathering speaker information and slides that will be available to anyone who would like to review the breakout sessions and conference presentations. This information will be on the LLS website for access. She promised to email me with the details as she completes her work. Update- slides are not out there yet as of 11/12/15

### **For Wisconsin residents....** State Health Insurance and Assistance Program or “SHIP”

Assistance finding the best Medigap and Part D insurance for your unique needs. Also able to provide info on how to qualify for drug assistance programs. **No cost to you. Your taxes fund this program.**

Part D & RX Helpline (over age 60) 1-855-677-2783

Part D & Disability Drug Benefit Helpline: 7-800-926-4862

Medigap Helpline: 1-800-242-1060

Contact Tracy Lipinski, Medigap Insurance Counselor 608-246-7006 or 1-800-242-1060

[Tracy.Lipinski@Wisconsin.gov](mailto:Tracy.Lipinski@Wisconsin.gov)

Vicki Buckholz, Supervisor 608-246-7016

Call now if you have any questions. This is a great resource for you!

SHIP will be presenting at the group meeting Spring 2016.

### **Save the date....**

November 19, 2015 Living Well with Myeloma Teleconference Series presents – Myeloma 101-Updates on Treatment & Pain Management. Register on the IMF website today.

Saturday, November 21, 2015, IMF presents “Living Well With Myeloma” at The Westin, 601 North Milwaukee Ave Wheeling, IL 60090. Register by calling 1-800-452-2873. To register, [click here](#) or contact the IMF at **800-452-CURE**

April 30-May 1, 2016 “Celebrating a Second Chance at Life”, a symposium for bone marrow, stem cell and cord blood transplant survivors. Register now at [www.bmtinfonet.org/Chicago2016](http://www.bmtinfonet.org/Chicago2016) or phone 888-597-7674

**IMF Info Line** – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Debbie, Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or [info@myeloma.org](mailto:info@myeloma.org).

**The Trillium Fund** was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

Send to: Maureen Dembski, Director of Development

UW Carbone Cancer Center

University of Wisconsin Foundation

1848 University Avenue

Madison, WI 53726

[maureen.dembski@supportuw.org](mailto:maureen.dembski@supportuw.org)