



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

**Meeting: Tuesday May 17, 2016 3:30pm – 5:30pm**  
**451 Junction Road**  
**UW West Clinic Room 1287**  
**Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.**

**Information:** Jayne Schwartz 608- 244-2120  
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3309 Chicago Avenue  
Madison, WI 53714-1815

**More Information:**

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: <a href="mailto:TheIMF@myeloma.org">TheIMF@myeloma.org</a>	<a href="mailto:info@themmrf.org">info@themmrf.org</a>
Website: <a href="http://www.myeloma.org">www.myeloma.org</a>	<a href="http://www.multiplemyeloma.org">www.multiplemyeloma.org</a>

**Upcoming speakers**

- **May meeting-** Tentative speaker, Dr Michael Huie, Oncologist Carbone Cancer Center
- **June meeting-** Dr Aric Hall, UW Hematology faculty member will do a Q&A starting at 4:30pm
- **July meeting-** Peggy Wellman from Takeda will be returning. Topic to be determined later.

**April meeting recap- Jill Helgeson from SHIP-(State Health Insurance Program).** Jill presented, “Fitting the Pieces around Medicare”. All the choices that are available make this subject very complex. Timing is critical to avoiding penalties. Jill provided an overview and a great booklet guide. A helpful site for plan information – access “Medicare Plan Finder” under Medicare.gov.

**CancerCare Workshop - “Managing Symptoms and Treatment Side Effects of Multiple- Thursday, May 26, 2016, 1:30 – 2:30 pm, Eastern Time [Register Now](#)**

**Registrants can listen in live over the phone or online as a webcast.**

**Topics Covered**

- Overview of Symptoms and Treatment Side Effects
- Practical Tips to Deal with Fatigue
- Controlling Infection
- Managing Pain and Discomfort
- Reducing Bone Complications
- Coping with Graft vs. Host Disease (GVHD)
- Guidelines for Dental Care during Treatment
- Tips to Cope with Treatment Induced Neuropathy
- Physical Activity and Nutritional Concerns and Tips
- Discussing Quality-of-Life Concerns with Your Health Care Team
- Questions for Our Panel of Experts

**"Understanding Next in Class Novel Therapies in Multiple Myeloma".**

This webinar is now available on the IMF [website](#). In this webinar, learn about exciting new therapies in the clinical pipeline. Many of these promising new approaches like PDL-1 (atezolizumab), KPT-330 (selinexor), and Triphase are being studied through the clinical network, the Multiple Myeloma Research Consortium (MMRC). Visit [myelomatrials.org](http://myelomatrials.org) to learn more about MMRC trials and other promising clinical trials.

Information about **The Next Generation Research Act** is included. It is very important to make sure that you let Senator Tammy Baldwin know you support this initiative.

**Save the date....**

May 26, 2016 See CancerCare description above.

June 25, 2016 Living Successfully with Multiple Myeloma. See attached info.

**IMF Info Line** – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Debbie, Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or [infoline@myeloma.org](mailto:infoline@myeloma.org).

**The Trillium Fund** was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the "UW Foundation – Trillium Fund".

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