



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: Tuesday March 18, 2014 3:30 – 5:30 PM
451 Junction Road
UW West Clinic Room 1287
Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.

Information: Jayne Schwartz 608- 244-2120
schwartzdon@sbcglobal.net

Mailing Address: Wisconsin Multiple Myeloma Support Group
3309 Chicago Avenue
Madison, WI 53714-1815

More Information:

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: TheIMF@myeloma.org	info@themmrf.org
Website: www.myeloma.org	www.multiplemyeloma.org

On Tuesday, March 18th, Dr Natalie Callandar will be our meeting speaker.

We will have an open meeting starting at 3:30pm and she will be joining us at 4:30pm. Mark your calendar now for this special event.

Dr Callandar is from the UW Carbone Cancer Center and is highly regarded as one of their best! She won the “Best Doctors in America” award in 2014, 2013 and 2011. We are lucky to have her join us. See you then...

Upcoming Speakers...save the dates!

Sue Enright will be joining us at our May meeting. Sue is the IMF Midwest Regional Director for support groups. She works as a liaison to many support groups. More info to follow.

Working on recruiting a speaker from SHIP (State Health Insurance Program) for June or later. More info to come.

Our thanks to Jeremy Whalen, Oncology Pharmacist at Hubert H Humphrey Cancer Center in Minnesota. Jeremy was our guest speaker at the February meeting. He shared information about exercise and nutrition from an Oncology perspective. It is always great to learn something new about how to manage your nutrition while undergoing treatment. Exercise doesn't have to be extreme... just keep moving was the theme. (Rhyming not intended!)

Our condolences...

Our group member, Mary Collins passed away on February 5th. Mary joined our group April 2010. She and her loving partner Bob Edwards attended several meetings. Bob tells me that Mary was hospitalized with pneumonia for about 11 days before passing away. We will miss her.



1,000 Cranes of Hope Campaign...

Millennium: the Takeda Oncology Company will make a contribution of **\$5** for every wish returned! **Five dollars!** We have the potential to make a nice donation to the IMF. Our group is currently 168 email participants and 42 folks who need to get the newsletter via postal mail. Quick math... that is \$1,050 to the IMF. You email folks could forward the electronic attachment to your family members and we could be donating a lot more.

The wishes need to be forwarded to Amy Modean as they have no way of counting those made online. Amy's email address is AmyModean@takeda.com. At our next meeting, you can take a moment to fill out a wish form and I will mail them to Amy. Or you can mail them directly. **You may mail the wishes to:**

Amy Modean
8312 Deer Pond Trail N
Lake Elmo, MN 55042

I have included an attachment to this newsletter that you can forward via email to Amy. Spend a moment to make your wish and feel great about contributing to the IMF. **This campaign ends March 31st.**

Upcoming Educational opportunities

INTERNATIONAL MYELOMA FOUNDATION *presents* Living Well with Myeloma Teleconference Series
Chemo Brain – Is It Real?

Date: **Thursday, March 13, 2014**

Time: **4:00 p.m. Pacific / 5:00 p.m. Mountain / 6:00 p.m. Central / 7:00 p.m. Eastern**

Speaker: **Pamela Joyce Shapiro, PhD Assistant Professor, Department of Psychology Temple University**

Duration: **60 minutes (including Q&A)**

1-800-452-CURE (2873)

myeloma.org *Pre-Register today! It's FREE.* **chemobrain.myeloma.org**

IMF Hotline – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Hotline. Nancy, Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Hotline. Patients or caregivers are welcome to contact the hotline staffed by trained specialists at 800-452-CURE (800-452-2873). The hotline is staffed between 9am and 4pm Pacific time, 11am to 6pm Central time.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

Send to: Maureen Dembski, Director of Development

UW Carbone Cancer Center

University of Wisconsin Foundation

1848 University Avenue

Madison, WI 53726

maureen.dembski@supportuw.org