



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Group Information:

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Madison Multiple Myeloma Support Group website
madisonmultiplemyeloma.org

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Information Sources :

International Myeloma Foundation (IMF)
Phone: 800 - 452 - 2873
Email: TheIMF@myeloma.org
Website: www.myeloma.org

Multiple Myeloma Research Foundation(MMRF)
Phone: 203 - 972 - 1250
Email: info@themmrf.org
Website: www.multiplemyeloma.org

Myeloma Crowd /Health Tree Foundation
P.O. Box 1286
Draper, UT 84020
www.myelomacrowd.org

June 2023 Myeloma Newsletter

Upcoming Meeting Speakers

Dr Timothy Schmidt will be joining us at the July meeting. More info to follow. Hoping to get him to talk about his clinical trials.

Dr Natalie Callander will be our featured speaker for September. Hope to get an update on the Trillium Research work.

MMRF nurse navigator may present at either the August or October meeting. More info to follow.

Our Condolences

Our group member, Patricia Morter passed away on May 26, 2023. Pat joined our group January 2018. Although she did not regularly attend meetings, she was an interested reader of our newsletter.

Sadly another group member, Donna Weis passed away June 9,2023. Donna and Joe joined our group January 2017. They also were email recipients of our newsletter.

We hope they found value in our support group and that their families know they can reach out to us at any time for support.

I now have these educational tool kits.

The Multiple Myeloma Research Foundation has a new educational tool kit! I have requested 20 copies and will let you know when they are here. This will be helpful for newly diagnosed group members. It is titled “Your Myeloma Journey Guide”.

Included in the tool kit :

- Multiple Myeloma Treatment Overview
- Multiple Myeloma Disease Overview
- Caregiver Guide
- Precision Medicine Booklet
- Myeloma Booklet
- Autologous Stem Cell Transplantation Booklet
- Immunotherapy Booklet
- Patient Resource Guide



Download or order new materials for free.

The fact sheets were written to inform patients and caregivers about important topics related to treatment, side effects and healthy behaviors. Please feel free to order or download these or any of our **educational materials**.

If you don't have internet access, you can call you local LLS and they can assist you in getting your educational materials.

There are many fact sheets available- Pain management, Dental Complications of Cancer Treatment and Healthy Behaviors just to mention a few. The Pain Management fact sheet describes:

- Effects of Pain
- Pain Management
- Types and Causes of Pain
- Side Effects
- Blood Cancer Treatments and Pain
- How to Describe Your Pain
- Medications for Pain

Our virtual meetings are on the Zoom platform.

Our meeting for June 20, 2023 will be from 3:30pm to 5:30pm. There is no scheduled speaker so this meeting will be a group share. Great time to get your questions and concerns some attention.

Join Zoom Meeting

<https://myeloma-org.zoom.us/j/84457667535?pwd=V0lJTDNQ2FOZ1hMUkFaRmJBc0Qzdz09>

Meeting ID: 844 5766 7535

Passcode: 678275

One tap mobile

+13017158592,,84457667535#,,,,*678275# US (Washington DC)

+13126266799,,84457667535#,,,,*678275# US (Chicago)

Dial by your location

+1 301 715 8592 US (Washington DC)

+1 312 626 6799 US (Chicago)

+1 646 558 8656 US (New York)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Meeting ID: 844 5766 7535

Passcode: 678275

Find your local number: <https://myeloma-org.zoom.us/u/kyMbCRs05>

IMF Info Line – If you or someone you care for has Myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialist at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or infoline@myeloma.org.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund” and sent to UW Carbone Cancer Center, University of Wisconsin Foundation, 1848 University Ave, Madison, WI 53726. Donations may also be made online at www.supportuw.org/give (Trillium Fund in Multiple Myeloma Research – 112903576). For any questions, please call Janie Winston 608-512-6068 or email at Janie.Winston@supportuw.org.