



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

Meeting: Tuesday July 19, 2016 3:30pm – 5:30pm
451 Junction Road
UW West Clinic Room 1287
Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.

Information: Jayne Schwartz 608- 244-2120
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More Information:

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: TheIMF@myeloma.org	info@themmrf.org
Website: www.myeloma.org	www.multiplemyeloma.org

Upcoming speakers

➤ **October meeting-** Dr Natalie Callander will be speaking from 4:30pm-5:30pm

Peggy Wellman from Takeda will be our meeting speaker for this July session. She will be presenting information about “Oral Adherence to the Treatment Plan”. Mark your calendar now and don’t miss this one!

Our condolences to the family of Roger Buffett

Roger passed away on May 8, 2016 after a devastating car accident July 2015. He had struggled to recover but could not. He and his wife, Jane were two of the original supporters of this group. On September 21, 1999, Jane Buffett, Nancy Schulz and Chuck Koval held the first meeting of the Wisconsin Myeloma support group. In addition to the support group work, both Roger and Jane were instrumental in starting the Trillium Fund for research of Myeloma here in Madison at the Carbone Cancer center. Our deepest sympathies to his family.

“The Road to Myeloma Recovery During and After Myeloma Treatment” with Melanie House, DPT, NCS

This presentation is for anyone who is struggling with fatigue and muscle weakness during treatment and after. You can listen to the session or print the transcript and read it at your leisure.

<http://www.myelomacrowd.org/myeloma-recovery-melanie-house/>

Support Young Researchers at the NIH

On September 9th, Senator Tammy Baldwin (D-WI) introduced S. 2014, The Next Generation Researchers Act. The goal of this legislation is to create more opportunities for young, emerging researchers and to make it easier for them to receive grants for their work. It is already difficult for the newest generation of researchers to get grants, and the decline in NIH funding has made it even harder. Previously, talented researchers from around the world who once flocked to the US to pursue training and stayed for our innovation driven economy, are now returning to better opportunities in their home countries. The impact of losing a generation of investigators and medical innovators will have repercussions. S. 2014 will remedy this problem by creating the Next Generation Researchers Initiative at the NIH. It will direct the NIH to coordinate policies and programs with the goal of increasing opportunities for young researchers and promoting earlier research independence. **Please take a moment to ask you Senators to support S.2014! To send an email, click [here](#). This took me less than a minute to complete! And it is so worthwhile....**

The Leukemia & Lymphoma Society (LLS) is pleased to share new resources to help patients and families with their oral medication routines at home:

Calendar

Use this calendar as an easy way for you and your family to manage medications and doctor's instructions.

To order a copy, [click here](#).

To view the calendar, [click here](#).

Fact Sheet

Find information about myeloma oral treatment adherence, including tips and resources to help you remember to take your medications.

To order a copy, [click here](#).

To view the fact sheet, [click here](#).

Newsletter

Read an article with patient tips for medication adherence and an overview of patient resources.

To view the newsletter, [click here](#).

Video

Learn about the importance of taking treatments as prescribed by your doctor, tips to help patients take oral medication as prescribed, and tips and strategies for successful communication with the healthcare team.

To watch, [click here](#).

For more information about LLS resources, please contact an LLS Information Specialist:

- [\(800\) 955-4572](tel:8009554572)
- [Email or Live Chat](#)

Best wishes,

The LLS Patient Education Team



IMF Info Line – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or info@myeloma.org.

The Trillium Fund was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the "UW Foundation – Trillium Fund".

Katie Williquette

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