



“Providing an opportunity for multiple myeloma patients and their loved ones to come together to exchange information for mutual support, comfort, and friendship”

**Meeting: Tuesday July 21, 2015 3:30pm – 5:30pm**  
**451 Junction Road**  
**UW West Clinic Room 1287**  
**Enter the clinic... proceed left past the vending area... turn left again and conf. room 1287 is the last one on the left.**

**Information:** Jayne Schwartz 608- 244-2120  
[schwartzdon@sbcglobal.net](mailto:schwartzdon@sbcglobal.net)

**Mailing Address:** Wisconsin Multiple Myeloma Support Group  
3309 Chicago Avenue  
Madison, WI 53714-1815

**More Information:**

International Myeloma Foundation (IMF)	Multiple Myeloma Research Foundation (MMRF)
Phone: 800 - 452 - 2873	203 - 972 - 1250
Email: <a href="mailto:TheIMF@myeloma.org">TheIMF@myeloma.org</a>	<a href="mailto:info@themmrf.org">info@themmrf.org</a>
Website: <a href="http://www.myeloma.org">www.myeloma.org</a>	<a href="http://www.multiplemyeloma.org">www.multiplemyeloma.org</a>

### Upcoming speakers

- Debbie Boldt-Houle, Senior Director Scientific Affairs from the Binding Site, Inc. will join us in July. She will present information about the Freelite testing.
- Dr. Lori DuBenske, PhD UW Psychology will speak at our August 18th meeting.
- Tentative plans for Dr Natalie Callander to speak at the October meeting.
- Still waiting to hear from the UW Sleep Clinic. Hoping to get one of the doctors to come to present information about the importance of good sleep and being well.
- Have made contact with the UW Kidney clinic for a speaker. Still waiting to hear from them too.

### Our July meeting speaker...

Debbie Boldt-Houle, Senior Director Scientific Affairs from the Binding Site, Inc. will join us in July. She will present information about the Freelite testing.

### ASCO Highlights from the June 18<sup>th</sup> webcast.

The replay is now available of the IMF's Post ASCO/EHA/IMWG teleconference that was held on Thursday, June 18.

There are numerous ways for you to access this information, all listed below. I recommend that you watch this replay if you did not have the opportunity to do so live. It's a total of 60 minutes in length (including Q&A.)

Here are the links:

IMF WEBSITE: Post ASCO page: [www.2015ascorecap.myeloma.org](http://www.2015ascorecap.myeloma.org)

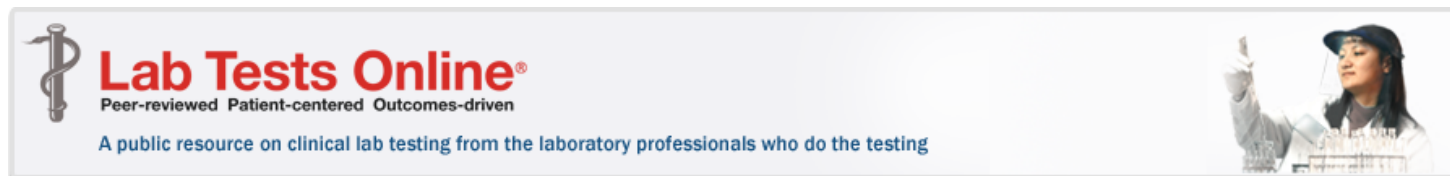
YouTube: <https://youtu.be/9BB11xVVEtU>

SoundCloud: [https://soundcloud.com/international\\_myeloma\\_foundation/myeloma-updates-2015-post-ascoehaimwg](https://soundcloud.com/international_myeloma_foundation/myeloma-updates-2015-post-ascoehaimwg)

**Confused about all the tests ordered?** This site is recommended for newly diagnosed patients.

**Labtestsonline.org**

This is a site that I use quite often when I want a better understanding of a test that has been ordered. I think you will find it a valuable resource. You can look up the specific test or search the Myeloma selection to find out more. Check it out!



## About Lab Tests Online

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Lab Tests Online is an **award-winning** health information web resource designed to help patients and caregivers understand the many lab tests that are vital part of medical care. **Laboratory professionals**, who are experts in the field, develop and review all content, including articles on **lab tests**, **conditions/diseases**, **screening**, **clinical laboratory topics**, and **lab test news**. The site is produced by **AACC**, a global scientific and medical professional organization dedicated to clinical laboratory science and its application to healthcare. **Learn more.**



List of all tests and synonyms	▲
Test not listed?	
5-HIAA	
17-Hydroxyprogesterone	
A/G Ratio	
A1c	
Absolute neutrophils	▼

Malaria	▲
Malnutrition	
Meningitis and Encephalitis	
Menopause	
Metabolic Syndrome	
MRSA	
Multiple Myeloma	▼

List of screening recommendations	▲
Newborns	
Infants	
Children	
Teens	
Young Adults	
Adults	▼

## **Save the date!**

### **Leukemia Lymphoma Society 13th Annual Multiple Myeloma Conference**

Date: Saturday September 12, 2015

Location: Country Springs Hotel-Pewaukee, WI

Conference is free to attend and we welcome anyone impacted by a myeloma diagnosis: patients, caregivers & families, and healthcare professionals!

Register [Here!](#) For those folks without internet access, call 262-785-4274. More info to follow. This is a conference worth attending!

**IMF Info Line** – If you or someone you care for has myeloma, you have questions. Probably, lots of them. You can search the Internet all you want, but other than asking your doctor, there is no better way to get your questions answered than to call the IMF Info Line. Debbie, Missy, Judy and Paul know their stuff and they want to share what they know with you. Just ask anyone who has called the IMF Info Line. Patients or caregivers are welcome to contact the Info Line staffed by trained specialists at 800-452-CURE (800-452-2873). The Info Line is staffed between 9am and 4pm Pacific Time, 11am to 6pm Central time or [infoline@myeloma.org](mailto:infoline@myeloma.org).

The **Trillium Fund** was established by our founding support group members to facilitate Multiple Myeloma research here in Madison at the Wisconsin Institute of Medical Research. If you or your family wish to donate or send a memorial to this program, checks can be made payable to the “UW Foundation – Trillium Fund”.

Send to: Maureen Dembski, Director of Development

UW Carbone Cancer Center

University of Wisconsin Foundation

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Madison, WI 53726

[maureen.dembski@supportuw.org](mailto:maureen.dembski@supportuw.org)